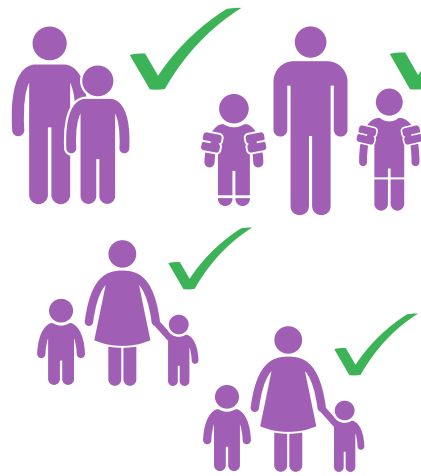


POLISI MYNEDIAD I'R PWLL NOFIO



Mae gan Hamdden Sir Ddinbych bolisi ar waith yn ymwneud â mynediad cwsmeriaid i'r pyllau nofio, er mwyn i bawb gael defnyddio ein cyfleusterau mewn amgylchedd diogel a phleserus.



Plant o dan 3 oed :

1 Oedolyn : 1 Plentyn gyda neu heb gymhorthion arnofio cymeradwyo
Neu

1 Oedolion : 2 Plentyn ddau gyda chymhorthion arnofio cymeradwyo

Plant 3-7 oed:

1 Oedolyn : 2 Plentyn** gyda neu heb gymhorthion arnofio cymeradwyo

Plentyn o dan 3 oed ag plentyn rhwng 3-7 oed:

1 Oedolyn: 2 Plentyn gyda neu heb gymhorthion arnofio cymeradwyedig, argymhellir fodd bynnag fod y plentyn o dan 3 gyda chymhorthion arnofio

“Cymhorthion arnofio cymeradwyedig” yw'r rhai megis bandiau braich, fest arnofio neu sedd strapio i fewn, sy'n cwrdd â safon 13138 BSEN

**Yn eithrio pan fydd y plant yn cymryd rhan mewn sesiynau / gweithgareddau priodol a drefnir gan y Ganolfan.

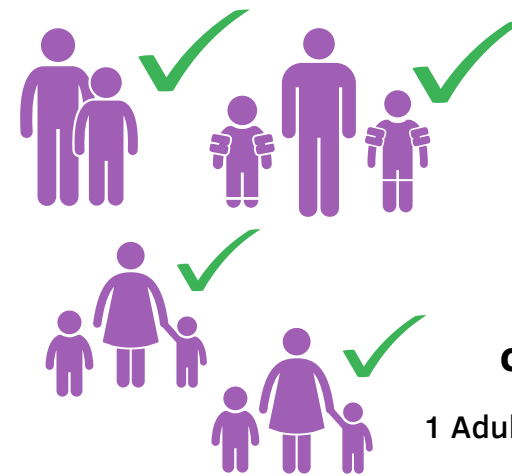
- Rhaid i oedolion sy'n goruchwyllo plant o dan 8 fod yn o leiaf 16 mlwydd oed a bod gyda'r plant drwy'r adeg, yn y d r a'r ystafelloedd newid
- Rhaid gwisgo gwisgoedd nofio arferol yr holl amser, h.y. dim jîns, crys-t na throwsus byr yn is na'r ben-glin. Ni chaniateir gwisgo masgiau na 'flippers' yn y pwll yn ystod sesiynau cyhoeddus.
- Dylai plant dros 8 oed newid yn yr ystafell newid gwrywaidd / benywaidd dynodedig fel y bo'n briodol.
- Er mwyn hylendid ac i wella ansawdd y dŵr, rydym yn gofyn i'n cwsmeriaid i gal cawod cyn mynd i mewn i'r pwll.
- Er mwyn diogelwch, ni allwn ganiatáu unrhyw un i mewn i'r pwll os credwn eu bod o dan ddylanwad alcohol neu gyffuriau.
- Mae'r defnydd o unrhyw offer sy'n gallu recordio delweddau llonydd neu symudol wedi'i wahardd yn llwyr, heb ganiatâd ymlaen llaw gan Reolwyr y Ganolfan.
- Ni ddylai'r cyfleusterau gael eu defnyddio ar gyfer hyfforddi/cyfarwyddo (gyda tâl neu'n ddi-dâl) heb gymeradwyaeth ymlaen llaw gan Reolwyr y Ganolfan.
- Rhaid i nofwyr sy'n gwisgo cewynnau neu ddillad isaf amddiffynnol wisgo Cewynnau Nofio o dan eu gwisg nofio neu wisg nofio arbennig ar gyfer y diben hwnnw. Gellir prynu Cewynnau Nofio ar gyfer babanod yn y derbynfa.
- Rhaid ein rhybuddio ymlaen llaw o unrhyw grŵp neu sefydliad sy'n dod â mwy na phymtheg o nofwyr ar unrhyw adeg.
- Rhowch wybod i'r achubwr bywyd os oes gennych unrhyw salwch neu anabledd a all effeithio ar eich gallu i nofio yn ystod eich ymweliad.

Mae rheolwyr y Ganolfan yn cadw'r hawl i wrthod mynediad, neu ddiarddel unigolion os all eu cyflwr neu eu hymddygiad beryglu diogelwch a mwynhad eraill.

SWIMMING POOL ADMISSION POLICY



Denbighshire Leisure has in place a policy regarding the admission of customers to the swimming pool, so that everyone can use our facilities in a safe enjoyable environment.



Children aged under 3 years:

1 Adult : 1 Child with or without approved flotation aids
Or

1 Adult : 2 Children both with approved flotation aids

Children aged 3-7 years:

1 Adult : 2 Children** with or without approved flotation aids

Child aged under 3 with child aged 3-7 years:

1 Adult : 2 Children with or without approved flotation aids, it is advisable however, that the under 3 is in approved flotation aids

“Approved floatation aids” are those such as arm bands, a floatation vest or a strap-in seat, that meet BSEN 13138 standard

**Except when children are participating in supervised Centre organised sessions/ activities.

- Supervising adults of Under 8s must be at least 16 years of age and must accompany the children at all times both in the water and the changing rooms
- Normal swimwear must be worn at all times i.e. no jeans, t-shirts or below the knee shorts to be worn. Masks, flippers and snorkels are not allowed into the pool during public sessions.
- Children over 8 should change in their designated male / female changing area as appropriate.
- In the interests of hygiene and to improve water quality, we request that all customers shower prior to entering the pool.
- In the interests of safety, we cannot allow anyone into the pool if we believe they are under the influence of alcohol or drugs.
- The taking of still or moving images is prohibited without the prior permission from the Centre Management.
- The facilities must not be used for coaching / instructing (whether paid or unpaid) without prior approval from the Centre Management.
- All swimmers who wear nappies or protective underwear should wear Swim Nappies underneath their swim suit or a special purpose swimming costume. Swim Nappies for babies and infants can be purchased at reception
- We require prior notice of any group or organisation bringing more than fifteen swimmers at any one time.
- Please inform the lifeguard if you have any illness or disability that may affect your ability to swim during your visit.

The Centre management reserves the right to refuse admission, or expel persons if their condition or conduct may cause a risk to the safety and enjoyment of others.