

DENBIGH LEISURE - SWIM TIMETABLE

FROM 6th JANUARY – 23rd FEBRUARY 2025

Monday

6.30am – 8.45am Public Lane Swimming >
3.30pm – 6.15pm Swimming Lessons
6.15pm – 7.30pm Denbigh Swimming Club
7.30pm – 8.30pm Public * >
8.30pm – 9.15pm Adult Swim * >

Tuesday

6.30am – 7.30am Public Lane Swimming > (3 Lanes)
7.30am – 8.45am Public Lane Swimming #
11.45am – 12.30pm Public * >
4.00pm – 5.30pm Swimming Lessons
5.30pm – 7.00pm Denbigh Swimming Club
7.00pm – 8.00pm Public * >
8.00pm – 9.00pm Adult Swim * >

Wednesday

6.30am – 7.30am Public Lane Swimming > (3 Lanes)
7.30am – 8.45am Public Lane Swimming >
11.45am – 12.30pm Public * >
3.30pm – 5.45pm Swimming Lessons
6.00pm – 7.00pm Public * >
7.00pm – 8.15pm Denbigh Swimming Club
8.15pm – 9.15pm Adult Lane Swim >

Thursday

6.30am – 7.30am Public Lane Swimming > (3 Lanes)
7.30am – 8.45am Public Lane Swimming >
12.40pm – 1.10pm Public * >
4.00pm – 4.45pm Free Disability Swimming Session
5.00pm – 8.00pm Denbigh Swimming Club
8.00pm – 9.00pm Adult Lane Swim >

Friday

6.30am – 8.00am Public Lane Swimming >
8.15am – 9.00am Aqua Aerobics >
9.15am – 10.00am Public * >
3.30pm – 6.30pm Swimming Lessons
6.45pm – 8.15pm Public * >

Saturday

8.30am – 12.00pm Swimming Lessons
12.30pm – 1.00pm Parent and Toddler
1.15pm – 3.15pm Public * >

Sunday

9.00am – 9.45am Parent and Toddler
10.00am – 11.00am Family Swimming +
11.15am – 12.15pm Family Swimming
12.30pm – 1.30pm Public * >

- Free session for all 60+ swimmers.
> - £2.50 for all 60+ swimmers.
* - Session includes 1 Lane
+ Free for Under 16's with paying adult.

This timetable is subject to change.
Under 8's – Please refer to our admissions policy.
\$ - Juniors aged 11 – 15 can attend.

