# CANOLFAN HAMDDEN HUW JONES CORWEN - SWIM TIMETABLE

FROM 3<sup>RD</sup> MARCH – 13<sup>TH</sup> APRIL 2025

| M | on | da | ٧ |
|---|----|----|---|
|---|----|----|---|

| 7.00am – 10.00am  | Public Swim >         |
|-------------------|-----------------------|
| 11.00am – 12.30pm | Public Swim >         |
| 2.30pm – 3.30pm   | Public Swim >         |
| 3.45pm – 6.30pm   | Swimming Lessons      |
| 6.30pm – 8.00pm   | Swimming Club         |
| 8.00pm – 9.00pm   | Public Lane Swim > \$ |

#### Tuesday

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|-------------------|-----------------------|
| 7.00am – 8.45am   | Public Swim >         |
| 8.45am – 9.30am   | Aqua Aerobics         |
| 9.30am – 10.15am  | Aqua Aerobics         |
| 10.30am – 12.30pm | Parent & Toddler >    |
| 1.00pm – 3.00pm   | Public Swim >         |
| 3.45pm – 6.30pm   | Swimming Lessons      |
| 5.45pm – 8.00pm   | Swimming Club         |
| 8.00pm – 9.00pm   | Public Lane Swim > \$ |
|                   |                       |

# Wednesday

| 2.30pm – 3.30pm | Public Swim #         |
|-----------------|-----------------------|
| 3.45pm – 8.00pm | Swimming Lessons      |
| 8.00pm – 9.00pm | Public Lane Swim > \$ |

## Thursday

| 7.00am – 8.45am | Public Swim >        |
|-----------------|----------------------|
| 2.30pm – 3.30pm | Public Swim >        |
| 3.45pm – 6.15pm | Swimming Lessons     |
| 6.15pm – 7.00pm | Family Swim >        |
| 7.00pm – 8.00pm | Swimming Club        |
| 8.00pm – 9.00pm | Public Lane Swim > 9 |

## Friday

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|-----------------|--|
| 7.00am – 8.45am | Public Swim >                          |
| 1.00pm – 3.30pm | Public Swim >                          |
| 3.45pm – 4.45pm | Family Swim >                          |
| 5.00pm – 6.30pm | Birthday Pool Party (Booking Required) |

### Saturday

| 8.15am – 11.45am  | Swimming Lessons |
|-------------------|------------------|
| 11.45am – 12.30pm | Public Swim >    |

# Sunday

| 8.15am – 9.15am   | Adult Lane >                    |
|-------------------|---------------------------------|
| 9.30am – 10.30am  | Family Swim - Under 16's Free > |
| 11.00am – 12.00pm | Public Swim >                   |

# - Free session for all 60+ swimmers.

> - £2.50 for all 60+ swimmers.

This timetable is subject to change.

Under 8's – Please refer to our admissions policy.

\$ - Juniors aged 11 – 15 can attend.

