# **RUTHIN LEISURE - SWIM TIMETABLE**

FROM 3<sup>RD</sup> MARCH – 13<sup>TH</sup> APRIL 2025

Mond	ay
------	----

6.45am – 8.45am	Public Lane >
4.00pm – 6.15pm	Swimming Lessons
5.30pm – 7.30pm	Swimming Club
7.45pm – 8.30pm	<b>Disability Swim</b>
8.30pm – 9.15pm	Public Lane >

# Tuesday

Public Lane >
Public Lane >
Swimming Lessons
Swimming Club
Public Lane >

### Wednesday

6.45am – 8.45am	Public Lane >
4.00pm – 7.15pm	Swimming Lessons
7.30pm – 8.15pm	Aqua Aerobics >
8.30pm – 9.15pm	Public Lane >

#### Thursday

6.45am – 8.45am	Public Lane >
12.30pm – 1.15pm	Public Lane >
4.00pm – 6.30pm	Swimming Lessons
6.45pm – 8.15pm	Swimming Club
8.15pm – 9.00pm	Public Lane >

## Friday

Public Lane #
Public Lane >
Swimming Lessons
Swimming Club
Triathlon Club

#### Saturday

8.00am – 12.00pm	Swimming Lessons
11.15am – 12.45pm	Swimming Club
12.45pm – 1.30pm	Adult Lane >
1.45pm – 2.30pm	Family Swim

#### Sunday

9.30am – 10.15am	Public Lane >
10.30am – 11.15am	Parent & Toddler
11.30am – 12.15pm	Family Swim Under 16 Free
12.45pm – 1.30pm	Adult Lane >
2.00pm - 4.00pm	Swimming Club

# - Free session for all 60+ swimmers

> - £2.50 for all 60+ swimmers

Adult lane / Public lane – 4 lanes. Public swim – no lanes

This timetable is subject to change.

For further details, please visit our website.

Under 8's – Please refer to our admissions policy

