

DENBIGH LEISURE - SWIM TIMETABLE

FROM 28TH APRIL – 25TH MAY 2025

Monday

6.30am – 8.45am	Public Lane Swimming >
9.15am – 10.00am	Public * >
12.00pm – 12.45pm	Public Lane Swimming >
3.30pm – 6.15pm	Swimming Lessons
6.15pm – 7.30pm	Denbigh Swimming Club
7.30pm – 8.30pm	Public * >
8.30pm – 9.15pm	Adult Swim * >

Tuesday

6.30am – 7.30am	Public Lane Swimming > (3 Lanes)
7.30am – 8.45am	Public Lane Swimming #
12.00pm – 1.00pm	Public * >
4.00pm – 5.30pm	Swimming Lessons
5.30pm – 7.00pm	Denbigh Swimming Club
7.00pm – 8.00pm	Public * >
8.00pm – 9.00pm	Adult Swim * >

Wednesday

6.30am – 7.30am	Public Lane Swimming > (3 Lanes)
7.30am – 8.45am	Public Lane Swimming >
11.30am – 12.15pm	Public * >
3.30pm – 5.45pm	Swimming Lessons
6.00pm – 7.00pm	Public * >
7.00pm – 8.15pm	Denbigh Swimming Club
8.15pm – 9.15pm	Adult Lane Swim >

Thursday

6.30am – 7.30am	Public Lane Swimming > (3 Lanes)
7.30am – 8.45am	Public Lane Swimming >
12.00pm – 12.45pm	Public * >
4.00pm – 4.45pm	Free Disability Swimming Session
5.00pm – 8.00pm	Denbigh Swimming Club
8.00pm – 9.00pm	Adult Lane Swim >

Friday

6.30am – 8.00am	Public Lane Swimming >
8.15am – 9.00am	Aqua Aerobics >
9.15am – 10.00am	Public * >
11.45am – 12.30pm	Parent and Toddler
3.30pm – 6.30pm	Swimming Lessons
6.45pm – 8.15pm	Public * >

Saturday

8.30am – 12.45pm	Swimming Lessons
1.15pm – 3.15pm	Public * >

Sunday

9.00am – 9.45am	Parent and Toddler
10.00am – 11.00am	Family Swimming +
11.15am – 1.15pm	Public * >

- Free session for all 60+ swimmers.
> - £2.50 for all 60+ swimmers.
* - Session includes 1 Lane
+ Free for Under 16's with paying adult.

This timetable is subject to change.
Under 8's – Please refer to our admissions policy.
\$ - Juniors aged 11 – 15 can attend.

