

RHYL LEISURE - SWIM TIMETABLE

26th May 2025 – 1st June 2025

Monday			
26th Bank Holiday	Closed		Adult Lane > Public >
Tuesday		Swimming Club	Family Swim > Swimming Lessons Swimming Club Public >
6.00am – 7.30am		Adult Lane >	
7.30am – 8.45am		Public >	
12.00noon – 1.00pm		Family Swim >	
1.15pm - 2.30pm		Swimming Lessons	
4.00pm – 6.00pm		Public >	
6.15pm – 8.30pm			
Wednesday		Swimming Club	Swimming Club Adult Lane > Family Swim > Swimming Lessons Swimming Club
6.00am – 7.30am		Adult Lane #	
7.30am – 8.45am		Public >	
12.00noon – 1.00pm		Family Swim >	
1.15pm – 2.30pm		Swimming Lessons	
4.00pm – 6.15pm		Swimming Club	
6.30pm – 8.00pm		Rhyl Sub Aqua Club	
8.00pm – 9.00pm			
Thursday			Swimming Lessons Public >
09.30am – 10.30am			Adult Swimming Lessons Parent & Toddler Parent & Toddler Adult Lane >
11.00am – 12.00noon			Family Swim Under 16's Free > Public >
12.15pm – 13.45pm			Public >
4.00pm – 6.00pm			Disability Swim Disability Swimming Lessons Swimming Club
5.30pm – 7.00pm			
7.00pm – 8.30pm			
Friday			
6.00am – 7.30am			
7.30am – 8.45am			
12.00noon – 2.00pm			
3.30pm – 6.30pm			
6.30pm – 8.30pm			
Saturday			
8.00am – 12.15pm			
12.30pm – 2.00pm			
Sunday			
8.00am – 9.00am			
8.15am – 9.00am			
9.15am – 10.00am			
10.00am – 11.00am			
11.00am – 12.00pm			
12.15pm – 1.30pm			
1.45pm – 15.00pm			
3.15pm – 4.15pm			
4.15pm – 5.45pm			
6.30pm – 8.00pm			

- Free session for all 60+ swimmers.

> - £2.50 for all 60+ swimmers.

~ - Main pool only

This timetable is subject to change.

Under 8's – Please refer to our admissions policy.