

NOVA PRESTATYN - SWIM TIMETABLE

26th May 2025 – 1st June 2025

Bank Holiday Monday 26th

8.15am - 9.15am	Adult Lane >
9.30am - 10.30am	Parent & Toddler
10.45am - 11.45am	Adult Lanes
12.00pm - 1.30pm	Family Swim >
1.45pm - 3.00pm	Public >

Tuesday 27th

6.30am - 7.30am	Adult Lane >
7.45am - 8.45am	Adult Lane >
9.00am - 10.00am	Parent & Toddler ~
10.15am - 11.15am	Adult Lane >
12.45pm - 1.45pm	Family Swim > ~
2.00pm - 3.00pm	Public > ~
3.30pm - 7.15pm	Swimming Lessons
7.30pm - 8.30pm	Adult Lane >

Wednesday 28th

6.30am - 7.30am	Adult Lane #
7.45am - 8.45am	Adult Lane >
9.00am - 10.00am	Parent & Toddler ~
12.00pm - 1.00pm	Aqua Aerobics >
2.45pm - 3.45pm	Adult Lane >
4.00pm - 5.30pm	Family Swim >
5.45pm - 7.15pm	Public >
7.30pm - 8.30pm	Adult Lane >

Thursday 29th

6.30am - 7.30am	Adult Lane >
7.45am - 8.45am	Adult Lane >
10.00am - 11.30am	Swimming Lessons
12.00pm - 1.00pm	Adult Lane >
1.15pm - 2.15pm	Family Swim > ~
2.30pm - 3.30pm	Public > ~
4.00pm - 7.15pm	Swimming Lessons
7.30pm - 8.30pm	Free Disability Swim

Friday 30th

6.30am - 7.30am	Adult Lane >
7.45am - 8.45am	Adult Lane
9.00am - 10.00am	Parent & Toddler ~
12.00pm - 1.30pm	Adult Lane >
2.00pm - 3.30pm	Family Swim > ~
4.00pm - 5.30pm	Public > ~
6.00pm - 7.00pm	Adult Lane >

Saturday 31st

8.30am - 9.30am	Adult Lane >
9.45am - 10.45am	Parent & Toddler
11.00am - 12.45pm	Family Swim >
1.00pm - 2.00pm	Adult Lane >
2.30pm - 4.00pm	Public >

Sunday 1st

8.30am - 12.45pm	Swimming Lessons
1.00pm - 2.00pm	Family Swim (Free for all under 16s residing in Wales) > *
2.30pm - 4.00pm	Public >

Bank Holiday Sessions may differ, please see alternative timetable.

- Free session for all Welsh Residents 60+.
> - £2.50 for all 60+ Welsh Resident swimmers.
~ - Main pool only
* Free for all under 16s residing in Wales

This timetable is subject to change.
Under 8's - Please refer to our admissions policy.
\$ - Juniors aged 11 - 15 can attend.

