

DENBIGH LEISURE - SWIMMING TIMETABLE

FROM 1ST SEPTEMBER – 14TH SEPTEMBER 2025

Monday

6.30am – 8.45am Public Lane Swimming >
3.30pm – 6.15pm Swimming Lessons
6.15pm – 7.30pm Denbigh Swimming Club
7.30pm – 8.30pm Public * >
8.30pm – 9.15pm Adult Swim * >

Tuesday

6.30am – 7.30am Public Lane Swimming > (3 Lanes)
7.30am – 8.45am Public Lane Swimming #
4.00pm – 5.30pm Swimming Lessons
5.30pm – 7.00pm Denbigh Swimming Club
7.00pm – 8.00pm Public * >
8.00pm – 9.00pm Adult Swim * >

Wednesday

6.30am – 7.30am Public Lane Swimming > (3 Lanes)
7.30am – 8.45am Public Lane Swimming >
11.45am – 12.30pm Public * >
3.30pm – 5.45pm Swimming Lessons
6.00pm – 7.00pm Public * >
7.00pm – 8.15pm Denbigh Swimming Club
8.15pm – 9.15pm Adult Lane Swim >

Thursday

6.30am – 7.30am Public Lane Swimming > (3 Lanes)
7.30am – 8.45am Public Lane Swimming >
12.00pm – 12.45pm Public * >
4.00pm – 4.45pm Free Disability Swimming Session
5.00pm – 8.00pm Denbigh Swimming Club
8.00pm – 9.00pm Adult Lane Swim >

Friday

6.30am – 8.00am Public Lane Swimming >
8.15am – 9.00am Aqua Aerobics >
11.45am – 12.30pm Public * >
3.30pm – 6.30pm Swimming Lessons
6.45pm – 8.15pm Public * >

Saturday

8.30am – 12.45pm Swimming Lessons

Sunday

9.00am – 9.45am Parent and Toddler
10.00am – 11.00am Family Swimming +

- Free session for all 60+ swimmers.
> - £2.50 for all 60+ swimmers.
* - Session includes 1 Lane

+ - Children are free with a paying adult.
This timetable is subject to change.
Under 8's – Please refer to our admissions policy.



VIEW OUR
TIMETABLES ON
THE DLL APP

