

# NOVA - SWIMMING TIMETABLE

22<sup>nd</sup> December 2025 – 4<sup>th</sup> January 2026

## Monday 22.12.2025

6.30am – 7.30am Adult Lane >  
7.45am – 8.45am Adult Lane >  
10.00am – 11.00am Parent & Toddler ~  
1.15pm – 2.15pm Adult Lane >  
2.30pm – 3.30pm Disability Swim  
4.00pm – 5.30pm Public >

## Tuesday 23.12.25

8.30am – 10.00am Adult Lane >  
10.15am – 11.15am Parent & Toddler ~  
11.30am – 12.45pm Public >

## Wednesday 24.12.2025

Closed

## Thursday 25.12.2025

Closed

## Friday 26.12.2025

Closed

## Saturday 27.12.2025

Closed

## Sunday 28.12.2025

8.30am – 10.00am Adult Lane >  
10.15am – 11.15am Parent & Toddler ~  
11.30am – 12.45pm Public >

## Monday 29.12.2025

Closed

## Tuesday 30.12.25

8.30am – 10.00am Adult Lane >  
10.15am – 11.15am Parent & Toddler ~  
11.30am – 12.45pm Public >

## Wednesday 31.12.2025

Closed

## Thursday 01.01.2026

Closed

## Friday 02.12.2026

6.30am – 7.30am Adult Lane >  
7.45am – 8.45am Adult Lane >  
10.00am – 11.00am Parent & Toddler  
12.00pm – 1.30pm Adult Lane >  
2.00pm – 3.30pm Public >  
4.00pm – 5.30pm Public >  
6.00pm – 7.00pm Adult Lanes >\$

## Saturday 03.12.2026

8.30am – 9.30am Adult Lane >\$  
9.45am – 10.45am Parent & Toddler  
11.00am – 12.45pm Public >  
1.00pm – 2.00pm Adult Lane >  
2.30pm – 4.00pm Public >

## Sunday 04.12.2026

11.00am – 12.30pm Public >  
1.00pm – 2.00pm Family Swim > \*(Free for Under 16s Residing in Wales)  
2.30pm – 4.00pm Public >

# Free session for all Welsh Residents 60+.  
> £3.00 for all Welsh Residents 60+  
~ Main pool only session

\$ Juniors can attend, 11-15 years old  
Under 8's Child Admission Policy in place  
This timetable is subject to change



VIEW OUR  
TIMETABLES ON  
THE DLL APP

