RHYL LEISURE - SWIMMING TIMETABLE

22th December 2025 – 4th January 2026

Monday 22nd

6.30am – 8.30am Adult Lane > 9.30am – 10.30am Adult Lane >

12.00 Noon – 1.00pm Public > Main Pool Only

 $\begin{array}{ll} 1.15 pm - 2.45 pm & Family Swim > \\ 4.00 pm - 5.00 pm & Public > \\ 5.30 pm - 7.00 pm & Swimming Club \\ 7.00 pm - 8.00 pm & Public Swim > \\ \end{array}$

Tuesday 23rd

8.00am – 9.30am Swimming Club 9.45am – 11.00am Adult Lane > 11.15am – 12.30pm Family Swim >

Wednesday 24th Closed
Thursday 25th Closed
Friday 26th Closed
Saturday 27th Closed
Sunday 28th Closed

Monday 29th

8.30am – 10.00am Adult Lane > 10.30am – 11.30am Public > 11.45am – 12.45pm Family Swim

Tuesday 30th Closed

Wednesday 31st

 8.00am - 9.30am
 Swimming Club

 9.45am - 11.00am
 Adult Lane >

 11.15am - 12.30pm
 Family Swim >

 Thursday 1st
 Closed

Friday 2nd

6.00am - 7.30am Swimming Club
7.30am - 8.45am Adult Lane >
9.45am - 10.30am Adult Lane >
11.00am - 1.00pm Public >
1.30pm - 3.00pm Family Swim >
6.30pm - 8.30pm Swimming Club

Saturday 3rd

8.30am – 9.45am Adult Lane >
10.00am – 11.30am Public >
12.00 Noon – 1.30pm Family Swim >

Sunday 4th

 8.45am – 9.30am
 Parent & Toddler

 10.00am – 11.00am
 Adult Lane >

 11.00am – 12.00pm
 Family Swim Under 16s Free >

 12.15pm – 1.30pm
 Public Swim >

 1.45pm – 3.00pm
 Public Swim >

 3.15pm – 4.15pm
 Disability Swim

 6.30pm – 8.00pm
 Swimming Club

Free session for all Welsh Residents 60+.

>£3.00 for all Welsh Residents 60+

~ Main pool only session

\$ Juniors can attend, 11-15 years old Under 8's Child Admission Policy in place This timetable is subject to change

