

# RHYL LEISURE - SWIMMING TIMETABLE

16<sup>th</sup> February 2026 – 22<sup>nd</sup> February 2026

## Monday

6.30am – 8.30am  
12.00 Noon – 1.00pm  
1.15pm – 2.45pm  
4.00pm – 6.00pm  
5.30pm – 7.00pm  
7.00pm – 8.00pm  
8.00pm – 9.00pm

Adult Lane >  
Public > **Main Pool Only**  
Family Swim >  
Swimming Lessons  
Swimming Club  
Public Swim >  
Swim Fit Widths \$

## Tuesday

6.00am – 7.30am  
7.30am – 8.45am  
12.00 Noon – 1.00pm  
1.15pm – 2.45pm  
4.00pm – 6.00pm  
6.15pm – 8.30pm

Swimming Club  
Adult Lane >  
Public > **Main Pool Only**  
Family Swim >  
Swimming Lessons  
Public >

## Wednesday

6.00am – 7.30am  
7.30am – 8.45am  
12.00 Noon – 1.30pm  
1.45pm – 2.45pm  
4.00pm – 6.15pm  
6.30pm – 8.00pm  
8.30pm – 9.30pm

Swimming Club  
Adult Lane #  
Public > **Main Pool Only**  
Family Swim Under 16's Free >  
Swimming Lessons  
Swimming Club  
Rhyl Sub Aqua Club

## Thursday

07.30am – 08.45am  
11.00am – 12.30pm  
1.00pm – 2.15pm  
4.00pm – 6.00pm  
5.30pm – 7.00pm  
7.00pm – 8.30pm

Adult Lane >  
Public > **Main Pool Only**  
Family Swim >  
Swimming Lessons  
Swimming Club  
Public >

## Friday

6.00am – 7.30am  
7.30am – 8.45am  
12.00 Noon – 1.30pm  
1.45pm – 3.00pm  
3.30pm – 6.30pm  
6.30pm – 8.30pm

Swimming Club  
Adult Lane >  
Public >  
Family Swim >  
Swimming Lessons  
Swimming Club

## Saturday

8.00am – 12.15pm  
12.30pm – 2.00pm

Swimming Lessons  
Public >

## Sunday

8.00am – 9.00am  
8.15am – 9.00am  
9.15am – 10.00am  
10.00am – 11.00am  
11.00am – 12.00pm  
12.15pm – 1.30pm  
1.45pm – 3.00pm  
3.15pm – 4.15pm  
4.15pm – 5.45pm  
6.30pm – 8.00pm

Adult Swimming Lessons  
Parent & Toddler  
Parent & Toddler  
Adult Lane >  
Family Swim Under 16's Free >  
Public Swim >  
Public Swim >  
Disability Swim  
Disability Swimming Lessons  
Swimming Club

# Free session for all Welsh Residents 60+.  
> £3.00 for all Welsh Residents 60+  
~ Main pool only session

\$ Juniors can attend, 11-15 years old  
Under 8's Child Admission Policy in place  
This timetable is subject to change



VIEW OUR  
TIMETABLES ON  
THE DLL APP

