

CANOLFAN HAMDDEN HUW JONES CORWEN - AMSERLEN NOFIO

16^{fed} Chwefror – 22^{ain} Chwefror 2026

Dydd Llun

7.00am – 10.00am Nofio Cyhoeddus >
11.00am – 12.00pm Nofio i'r Teulu – o dan 16 oed am ddim >
2.30pm – 3.30pm Nofio Cyhoeddus >
3.45pm – 6.30pm Gwersi Nofio
6.30pm – 8.00pm Clwb Nofio
8.00pm – 9.00pm Nofio Lôn Gyhoeddus > \$

Dydd Mawrth

7.00am – 8.45am Nofio Cyhoeddus >
8.45am – 9.30am Erobïg Dŵr
9.30am – 10.15am Erobïg Dŵr
10.45am – 12.30pm Nofio Rhieni a Phlant Bach >
1.00pm – 3.00pm Nofio Cyhoeddus >
3.45pm – 6.30pm Gwersi Nofio
5.45pm – 8.00pm Clwb Nofio
8.00pm – 9.00pm Nofio Lôn Gyhoeddus > \$

Dydd Mercher

2.30pm – 3.30pm Nofio Cyhoeddus #
3.45pm – 8.00pm Gwersi Nofio
8.00pm – 9.00pm Nofio Lôn Gyhoeddus > \$

Dydd Iau

7.00am – 8.45am Nofio Cyhoeddus >
9.30am – 12.00pm Nofio i'r Teulu >
2.30pm – 3.30pm Nofio Cyhoeddus >
3.45pm – 6.15pm Gwersi Nofio
6.15pm – 7.00pm Nofio i'r Teulu >
7.00pm – 8.00pm Clwb Nofio
8.00pm – 9.00pm Nofio Lôn Gyhoeddus > \$

Dydd Gwener

7.00am – 8.45am Nofio Cyhoeddus >
9.30am – 12.00pm Nofio i'r Teulu >
1.00pm – 3.30pm Nofio Cyhoeddus >
3.45pm – 4.45pm Nofio i'r Teulu >
5.00pm – 6.30pm Parti Penblwydd yn y Pwll (Angen Archebu)

Dydd Sadwrn

8.15am – 11.45am Gwersi Nofio
11.45am – 12.30pm Nofio Cyhoeddus >

Dydd Sul

8.15am – 9.15am Lôn Oedolion >
9.30am – 10.30am Nofio i'r Teulu – o dan 16 oed am ddim >
11.00am – 12.00pm Nofio Cyhoeddus >

- Sesiwn am ddim i bob nofwyr dros 60.
> - £2.50 ar gyfer holl nofwyr 60+.
* - Sesiwn yn cynnwys 1 lôn

+ - Plant yn nofio am ddim gyda oedolyn yn talu yn llawn
Gall yr amserlen hon newid.
Dan 8 oed - Cyfeiriwch at ein polisi derbyn.



DEWCH O HYD I'N
AMSERLENNI AR
AP DLL



CANOLFAN HAMDDEN HUW JONES CORWEN - SWIMMING TIMETABLE

16th February – 22nd February 2026

Monday

7.00am – 10.00am Public Swim >
11.00am – 12.00pm Family Swim - Under 16's Free >
2.30pm – 3.30pm Public Swim >
3.45pm – 6.30pm Swimming Lessons
6.30pm – 8.00pm Swimming Club
8.00pm – 9.00pm Public Lane Swim > \$

Tuesday

7.00am – 8.45am Public Swim >
8.45am – 9.30am Aqua Aerobics
9.30am – 10.15am Aqua Aerobics
10.45am – 12.30pm Parent & Toddler >
1.00pm – 3.00pm Public Swim >
3.45pm – 6.30pm Swimming Lessons
5.45pm – 8.00pm Swimming Club
8.00pm – 9.00pm Public Lane Swim > \$

Wednesday

2.30pm – 3.30pm Public Swim #
3.45pm – 8.00pm Swimming Lessons
8.00pm – 9.00pm Public Lane Swim > \$

Thursday

7.00am – 8.45am Public Swim >
9.30am – 12.00pm Family Swim >
2.30pm – 3.30pm Public Swim >
3.45pm – 6.15pm Swimming Lessons
6.15pm – 7.00pm Family Swim >
7.00pm – 8.00pm Swimming Club
8.00pm – 9.00pm Public Lane Swim > \$

Friday

7.00am – 8.45am Public Swim >
9.30am – 12.00pm Family Swim >
1.00pm – 3.30pm Public Swim >
3.45pm – 4.45pm Family Swim >
5.00pm – 6.30pm Birthday Pool Party (Booking Required)

Saturday

8.15am – 11.45am Swimming Lessons
11.45am – 12.30pm Public Swim >

Sunday

8.15am – 9.15am Adult Lane >
9.30am – 10.30am Family Swim - Under 16's Free >
11.00am – 12.00pm Public Swim >

- Free session for all 60+ swimmers.
> - £2.50 for all 60+ swimmers.
* - Session includes 1 Lane

+ - Children are free with a paying adult.
This timetable is subject to change.
Under 8's – Please refer to our admissions policy.



VIEW OUR
TIMETABLES ON
THE DLL APP

