

DENBIGH LEISURE - SWIMMING TIMETABLE

FROM 16TH FEBRUARY – 22ND FEBRUARY 2026

Monday

6.30am – 8.45am Public Lane Swim >
12.15pm – 1.15pm Public Lane Swim >
1.30pm – 3.00pm Family Swim
3.30pm – 6.15pm Swimming Lessons
6.30pm – 7.30pm Denbigh Swimming Club
7.30pm – 8.30pm Public Swim * >
8.30pm – 9.15pm Adult Swim * >

Tuesday

6.30am – 7.30am Public Lane Swim > (3 Lanes)
7.30am – 8.45am Public Lane Swim #
12.15pm – 2.15pm Family Swim
2.30pm – 3.30pm Public Swim * >
4.00pm – 5.30pm Swimming Lessons
5.30pm – 7.00pm Denbigh Swimming Club
7.00pm – 8.00pm Public Swim * >
8.00pm – 9.00pm Adult Swim * >

Wednesday

6.30am – 7.30am Public Lane Swim > (3 Lanes)
7.30am – 8.45am Public Lane Swim >
12.15pm – 1.45pm Public Swim * >
2.00pm – 3.00pm Family Swim
3.30pm – 5.45pm Swimming Lessons
6.00pm – 7.00pm Public Swim * >
7.00pm – 8.15pm Denbigh Swimming Club
8.15pm – 9.15pm Adult Lane Swim >

Thursday

6.30am – 7.30am Public Lane Swim > (3 Lanes)
7.30am – 8.45am Public Lane Swim >
9.30am – 10.15am Parent and Toddler
10.30am – 12.30pm Family Swim
12.45pm – 1.45pm Public Lane Swim >
2.00pm – 3.30pm Public * >
4.00pm – 4.45pm Free Disability Swim
5.00pm – 8.00pm Denbigh Swimming Club
8.00pm – 9.00pm Adult Lane Swim >

Friday

6.30am – 8.00am Public Lane Swim >
8.15am – 9.00am Aqua Aerobics >
9.30am – 11.30am Public Swim * >
11.45am – 12.45pm Public Lane Swim >
1.00pm – 3.00pm Family Swim
3.30pm – 6.45pm Swimming Lessons
7.00pm – 8.15pm Public Swim * >

Saturday

8.30am – 12.45pm Swimming Lessons

Sunday

9.00am – 9.45am Parent and Toddler

- Free session for all 60+ swimmers
> - £3 for all 60+ swimmers
*- Session includes 1 lane

+ - Children are free with a paying adult This
timetable is subject to change
Under 8's - Please refer to our admissions policy



VIEW OUR
TIMETABLES ON

