

# DENBIGH LEISURE - SWIMMING TIMETABLE

FROM 16<sup>TH</sup> FEBRUARY – 22<sup>ND</sup> FEBRUARY 2026

## Monday

6.30am – 8.45am	Public Lane Swim >
12.15pm – 1.15pm	Public Lane Swim >
1.30pm – 3.00pm	Family Swim
3.30pm – 6.15pm	Swimming Lessons
6.30pm – 7.30pm	Denbigh Swimming Club
7.30pm – 8.30pm	Public Swim * >
8.30pm – 9.15pm	Adult Swim * >

## Tuesday

6.30am – 7.30am	Public Lane Swim > (3 Lanes)
7.30am – 8.45am	Public Lane Swim #
12.15pm – 2.15pm	Family Swim
2.30pm – 3.30pm	Public Swim * >
4.00pm – 5.30pm	Swimming Lessons
5.30pm – 7.00pm	Denbigh Swimming Club
7.00pm – 8.00pm	Public Swim * >
8.00pm – 9.00pm	Adult Swim * >

## Wednesday

6.30am – 7.30am	Public Lane Swim > (3 Lanes)
7.30am – 8.45am	Public Lane Swim >
12.15pm – 1.45pm	Public Swim * >
2.00pm – 3.00pm	Family Swim
3.30pm – 5.45pm	Swimming Lessons
6.00pm – 7.00pm	Public Swim * >
7.00pm – 8.15pm	Denbigh Swimming Club
8.15pm – 9.15pm	Adult Lane Swim >

## Thursday

6.30am – 7.30am	Public Lane Swim > (3 Lanes)
7.30am – 8.45am	Public Lane Swim >
9.30am – 10.15am	Parent and Toddler
10.30am – 12.30pm	Family Swim
12.45pm – 1.45pm	Public Lane Swim >
2.00pm – 3.30pm	Public * >
4.00pm – 4.45pm	Free Disability Swim
5.00pm – 8.00pm	Denbigh Swimming Club
8.00pm – 9.00pm	Adult Lane Swim >

## Friday

6.30am – 8.00am	Public Lane Swim >
8.15am – 9.00am	Aqua Aerobics >
9.30am – 11.30am	Public Swim * >
11.45am – 12.45pm	Public Lane Swim >
1.00pm – 3.00pm	Family Swim
3.30pm – 6.45pm	Swimming Lessons
7.00pm – 8.15pm	Public Swim * >

## Saturday

8.30am – 12.45pm	Swimming Lessons
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## Sunday

9.00am – 9.45am	Parent and Toddler
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# - Free session for all 60+ swimmers  
> - £3 for all 60+ swimmers  
\*- Session includes 1 lane

+ - Children are free with a paying adult This timetable is subject to change  
Under 8's - Please refer to our admissions policy



VIEW OUR  
TIMETABLES ON

