

RHYL LEISURE - SWIMMING TIMETABLE

30th March 2026 – 12nd April 2026

Monday

6.30am – 8.30am
12.00 Noon – 1.00pm
1.15pm – 2.45pm
4.00pm – 6.00pm
5.30pm – 7.00pm
7.00pm – 8.00pm
8.00pm – 9.00pm

Adult Lane >
Public > **Main Pool Only** ~
Family Swim >
Swimming Lessons
Swimming Club
Public Swim >
Swim Fit Widths \$

Tuesday

6.00am – 7.30am
7.30am – 8.45am
12.00 Noon – 1.00pm
1.15pm – 2.45pm
4.00pm – 6.00pm
6.15pm – 8.30pm

Swimming Club
Adult Lane >
Public > **Main Pool Only** ~
Family Swim >
Swimming Lessons
Public >

Wednesday

6.00am – 7.30am
7.30am – 8.45am
12.00 Noon – 1.30pm
1.45pm – 2.45pm
4.00pm – 6.15pm
6.30pm – 8.00pm
8.30pm – 9.30pm

Swimming Club
Adult Lane >
Public >
Family Swim Under 16's Free >
Swimming Lessons
Swimming Club
Rhyl Sub Aqua Club

Thursday

07.30am – 08.45am
11.00am – 12.30pm
1.00pm – 2.15pm
4.00pm – 6.00pm
5.30pm – 7.00pm
7.00pm – 8.30pm

Adult Lane >
Public >
Family Swim >
Swimming Lessons
Swimming Club
Public >

Friday

6.00am – 7.30am
7.30am – 8.45am
12.00 Noon – 1.30pm
1.45pm – 3.00pm
3.30pm – 6.30pm
6.30pm – 8.30pm

Swimming Club
Adult Lane #
Public >
Family Swim >
Swimming Lessons
Swimming Club

Saturday

8.00am – 12.15pm
12.30pm – 2.00pm

Swimming Lessons
Public >

Sunday

8.00am – 9.00am
8.15am – 9.00am
9.15am – 10.00am
10.00am – 11.00am
11.00am – 12.00pm
12.15pm – 1.30pm
1.45pm – 3.00pm
3.15pm – 4.15pm
4.15pm – 5.45pm
6.30pm – 8.00pm

Adult Swimming Lessons
Parent & Toddler
Parent & Toddler
Adult Lane >
Family Swim Under 16's Free >
Public Swim >
Public Swim >
Disability Swim
Disability Swimming Lessons
Swimming Club

Free session for all Welsh Residents 60+.
> £3.00 for all Welsh Residents 60+
~ Main pool only session

\$ Juniors can attend, 11-15 years old
Under 8's Child Admission Policy in place
This timetable is subject to change



VIEW OUR
TIMETABLES ON
THE DLL APP

